



Picture Book

Baby Danced the Polka by Karen Beaumont, illustrated by Jennifer Pilecas. Dial, 2004. At this point, the children should be exhausted enough to sit quietly through one more picture book. They'll delight in this lift-the-flap story that reveals a baby dancing with a stuffed pig, goat, cow and sheep instead of taking his nap.

Movement Activity/Picture Book

Wave Goodbye by Rob Reid, illustrated by

Lorraine Williams. Lee & Low, 1996. I end all of my story programs with this movement activity I wrote in response to one teacher who asked me, "Do you have any good farewell activities?" I created "The Goodbye Rap" during a three-hour car trip and immediately started performing it for all age groups. It was eventually published as the picture book *Wave Goodbye*. It's out of print now, but I still share the words and motions as much as possible. It turns into its own little dance.

Wave high, (Wave hands high overhead.)
 Wave low, (Wave near the floor.)
 I think it's time, (Point to watch.)
 We gotta go. (Point to door.)
 Wave your elbows, (Wave elbows.)
 Wave your toes, (Wiggle feet.)
 Wave your tongue, (Stick out tongue.)
 And wave your nose. (Wiggle nose.)
 Wave your knees, (Move knees back and forth.)
 Wave your lips, (Open and shut mouth.)
 Blow a kiss,
 With fingertips. (Blow kiss with hands.)
 Wave your ears, (Wiggle ears.)
 Wave your hair, (Shake hair.)
 Wave your belly, (Shake tummy.)
 And derrière. (Shake, well, you know.)
 Wave your chin, (Wiggle chin.)
 Wave your eye, (Blink rapidly.)
 Wave your hand,
 And say goodbye. (Wave hand while shouting "Goodbye!")